

# RAPPER'S DELIGHT

Choreographed by Rachael McEnaney

Description: 64 Counts, 2 Walls, Funky

Level: Advanced

Music: 'Rapper's Delight' by Grandmaster Flash, Sugarhill Gang & The Sugarhill Gang (110BPM)

## **Official UCWDC competition dance description**

**Date of usage 19 August 2010**

**Update August 5<sup>th</sup> 2010 (count in precision)**

**Count In 16 counts from start of track (dance begins 16 counts BEFORE vocals start)**

### **1-8: Ball cross, ¼ turn L, R hitch, step hitch with ¼ turn L, ball step ¼ pivot, R cross, L side, R behind**

- & 1 Step ball of left to left side (&), cross right over left as you put left arm down to left side palm flat facing forward looking left (1)
- 2 Make ¼ turn left stepping left to left side (face 9:00) (2) bring right arm underneath left with right palm flat facing down (arms now crossed)
- 3 Flick right leg up behind (as if kicking bum) bring back of hands towards each other as if clapping back of hands together (3)
- & 4 Step down on right foot hands slap down hitting opposite elbows (&), make ¼ turn left hitching left knee hands back to sides (4) (6.00)
- & 5 6 Step down on ball of left (&), step right foot forward (5), pivot ¼ turn left (6) (3.00)
- 7 & 8 Cross right over left (7), step left to left side (&), cross right behind left (8)

### **9-16: Step side L-R-L, touch R, step side R, L sailor step, R behind, ¼ turn L, close R**

- & 1 Making fists with hands & elbows bent: lift right arm up (fist at head height) (&), step left to left side hit right hand down as if hitting a drum in front of chest (1)
- & 2 (same with left arm) lift left arm up (fist at head height) (&), step right to right side hit left hand down as if hitting a drum (2)
- & 3 (same action with both arms) lift both arms up (fists at head height) (&), step left to left side hit both hands down as if hitting drum (3)
- & 4 With elbows bent take both hands out to either side palms open (&), touch right toe next to left put both hands behind back (4)
- 5 & 6 & Step right to right side (5), cross left behind right (&), step right next to left (6), step left to left side (&)
- 7 & 8 Cross right behind left (7), make ¼ turn left stepping forward on left (12:00) (&), step right next to left (8)

### **17-24: Arm movements – both arms: fists out, circle in, hands together, R hitch step, step forward L, 3 runs back R-L-R, ½ turning L sailor.**

- 1 & 2 With fists clenched elbows bent: lift both arms up fists at head height (1), circle both arms (from elbow to fist) in towards each other (&) continue circling arms in ending with left hand on top of right in front of chest (2)
- & 3 Hitch right knee and hit knee with hands (still on top of each other) (&), step in place with right (3)
- & 4 Take right fist back (as if doing 'hitch a ride') (&), step forward on left drop right fist forward as if hitting drum (4)
- 5 & 6 Step back on right (5), step back on left (&), step back on right (6)
- 7 & 8 Cross left behind right (7), make ¼ turn left stepping right next to left (&), make ¼ turn left stepping forward on left (6.00) (8)

### **25-32: R kick step, L back rock, L kick step, R touch to side, toe switch L&R, close R, step L to side, close R**

- 1 & 2 & Kick right foot forward (1), step right in place (&), rock back on ball of left (2), recover weight onto right (&)
- 3 & 4 Kick left foot forward (3), step left in place (&), touch right toe to right side (4),
- & 5 & 6 Step right next to left (&), touch left toe to left side (5), step left next to right (&), touch right toe to right side (6)

& 7 8 Step right next to left (&), take big step to left side with left (7), step right next to left (8)

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**33-40: Step side L, R knee hitch, ball stomp, ball step, twist: heel-toe, twist both: heels-toes, L hitch, R point**

1 – 2 Step left to left side (1) (*styling: roll right shoulder forward*), turn body to face diagonal (7.30) as you hitch right knee *slap right knee with left hand* (2)

& 3 & 4 (still facing diagonal) Step right next to left (&), stomp left foot forward (no weight) (3), step left next to right (&), step forward on right (4)

5 & Turn body to face front again as you twist left heel in towards right (5), twist left toe in towards right (&)

6 & Twist both heels to right (6), twist both toes to right (&)

7 & 8 Hitch left knee (7), cross left over right (&), touch right toe to right side (8)

**41-48: R sailor step, L behind, ¼ turn R, step fwd L, push off L making ¼ turn right stepping R, close L, R coaster step**

1 & 2 Cross right behind left (1), step left next to right (&), step right to right side (2),

3 & 4 Cross left behind right (3), make ¼ turn right stepping forward on right (9:00)(&), step forward on left (4)

5 - 6 Make ¼ turn right pushing off left foot to step right to right side (face 12:00)(5), step left next to right (6)

7 & 8 Step back on right (7), step left next to right (&), step forward on right (8)

**48-56: Walk forward L-R, step forward L, pivot ½ turn to right, syncopated lock steps forward**

1 - 2 Step forward on left (1), step forward on right (2)

3 - 4 Step forward on left (3), pivot ½ turn right (6.00) (4)

5 & 6 Step forward on left (5), lock right behind left (&), step forward on left (6)

& 7 & 8 Step forward on right (&), lock left behind right (7), step forward on right (&), step forward on left (no weight) (8)

**57-64: Knee pop, toe switch forward R&L, knee pop, L back, R side, L cross, R side rock cross.**

& 1 Lift heels off floor as you pop both knees forward (&), drop heels to floor (1)

& 2 & 3 Step left next to right (&), touch right foot (whole of foot not toe) forward (2), step right next to left (&), touch left foot forward (3)

& 4 Lift heels off floor as you pop both knees forward (&), drop heels to floor (4)

5 & 6 Step back on left (5), step right to right side (&), cross left over right (6)

7 & 8 Rock right to right side (7), recover weight onto left (&), cross right over left (8)