ALL OF ME

Choreographed by Monique Rouleau (Assisted by Dave Getty)

Description: 1-wall, 48 count, smooth (nightclub)

Level: Advanced

Music: "All of Me" by John Legend (62bpm)

Official UCWDC competition dance description Date of usage 28 May2015

Note: Nightclub accent counts are shown in bold numbers

110	te. Migritola	b accent counts are shown in bota numbers
<u>1-9</u>	: Side Swa	y Step; Turning Triple; Syncopated Chainé-Pivot; Repeat (Opposite Side)
1	LF	facing 12:00, from weighted RF, sway step to left side (9:00)
2	RF	rotating body to face 1:30, close collecting RF to LF
&	LF	cross step to right side (3:00)
3	RF	rotating body to face 11:30, sway step to right side (1:30)
4	LF	rotating body to face 4:30, step forward (4:30)
ā	RF	turning left, close RF to LF to face 12:00
&	LF	continuing to turn left ¾ of a turn, step forward to 3:00
ă	/ LET	pivot on LF to face 12:00, pointing RF to 3:00
5	RF	sway step to right side (3:00)
6	LF	rotating body to face 11:30, close collecting LF to RF
&	RF	cross step to right side (9:00)
7	1.F	rotating body to face 1:30, sway step to left side (11:30)
8	RF	rotating body to face 7:30, step forward (7:30)
ā	LF	turning right, close LF to RF to face 12:00
&	RF	continuing to turn left ¾ of a turn, step forward to 9:00
ă	RF	pivot on RF to face 12:00, pointing LF to 9:00
1	LF	sway step to right side (9:00)

10 17, Tala Dand dá Ean, O ^{ng}	Tala Dand dá Ean: Eastrard Curaan	. Drop Book Boy to "Estal" Class
10-17: Tele nond de-ran; 2	Tele Rond dé- Fan; Forward Sweep	TOD DACK DUX TO FETAL CIOSE

2	RF	rotating body to face 1:30, close collecting RF to LF
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& LF cross step to diagonal (1:30)

RF step to diagonal (1:30), kicking LF up and around, left leg in "attitude", rotating right, bringing left foot down at 7:30 from weighted RF, prepping spiral turn

LF shifting weight to LF crossed over RF, RF positioned at 1:30 from LF, spiral rotate 11/2 turn, fanning RF

forward in turn, finishing with RF pointed to 1:30

5 RF step to diagonal (1:30), kicking LF up and around, left leg in "attitude", rotating right, bringing left foot

down at 7:30 from weighted RF, prepping spiral turn

Shifting weight to LF crossed over RF, RF positioned at 1:30 from LF, spiral rotate 1½ turn, fanning RF forward in turn, finishing with RF pointed to 1:30

7 RF step to diagonal (1:30), sweeping LF on floor across RF, rotating to 3:00

8 LF step across RF strongly to 4:30 & RF step back strongly to 7:30

ă 1 LF/RF rotating to left, step sideways to 9:00, closing RF to LF, rotating and contracting body to 10:30, weighting RF

18-25: Diamond Fall-away Geometric Pattern; Forward Sweep

2	LF _	step forward to 7:30
&	RF	step forward to 7:30
3	LF	adjusting body to face 9:00, sway step to left side (6:00)
4	RF	step backward to 4:30
&	LF	step backward to 4:30
5	RF	adjusting body to face 12:00, sway step to right side (3:00)
6	LF	step forward to 1:30
&	RF	step forward to 1:30
7	LF	adjusting body to face 3:00, sway step to left side (12:00)
8	RF	step backward to 10:30
&	LF	step backward to 10:30
ă 1	RF	adjusting body to face 6:00, rotate body to step forward to 9:00, sweeping LF on floor across RF, coming around to face 12:00

26-3	3: Full Bo	ody Roll; Lunge; Back Pivot to Syncopated Chainé; Spiral Turn; Side Arabesque
2	IF	step forward to 1:30

_	L1	step forward to 1.00
3	RF	step forward to 1:30, beginning full body roll with 1 full turn

LF/RF close step LF to RF, finishing full body roll and feet together, completing 1 full turn, weighting RF 4

LF lunge step across RF to 1:30 RF return step to back foot (7:30)

6 back pivoting to left, facing body to 10:30 ā RF

LF step forward to 9:00 &

5

ă RF step close RF to LF, finishing full chainé turn to face 12:00

sway step to left side (9:00) 7 LF

RF facing 12:00, bring RF across the weighted LF, prepping a full spiral turn 8

complete full spiral turn to face 12:00 & RF

step to left side, laying over the body to a side arabesque line

34-41: "Fetal" Pose; Syncopated Chainé; Side Triple; Fall-away w/ Jazz Fan; Hold & Arabesque

2	RF	bringing right knee into weighted left side, fall the body into contracted position, with RF still slightl	y
		pointed to right side	

ă 3 on the quarter count before 3, RF steps to 3:00, followed by LF close to RF to complete a full chainé RF/LF

RE step forward to 3:00 4 LF. step forward to 3:00 &

5 RF adjusting body to face 12:00, sway step to right side (3:00), adjusting body to 10:30

LF step backwards to 3:00

6 RF back pivoting right to face 1:30, step forward to 3:00, beginning right rotation to 6:00 & bring LF to left side (3:00), hip-width, rotating jazz chainé w/ free RF 11/2 fan to face 12:00 7 LΕ

μÉ hold position still, with LF weighted and RF pointed forward 8

RF adjusting body to face 1:30, step forward to 3:00, executing a forward arabesque

42-48: Arabesque to "Attitude" Pirouette; Delayed Triple; Fall-away w/ Jazz Fan: Hold (Repeat...)

extend arabesque and recover upright position RF

RF still weighted on RF, rotate left to face 10:30, prepping a pirouette turn

LF step forward to 9:00 with rotating momentum, bringing RF up and behind, rotating 1 turn to right w/ right leg in back "attitude" position

LF still in pirouette with "attitude position, adjust body to face 10:30 releasing "attitude"

RF cross step to 9:00

LF adjusting body to face 12:00, sway step to left side (9:00), adjusting body to 1:30 5

RF step backwards to 9:00

back pivoting left to face 10:30, step forward to 9:00, beginning left rotation to 6:00 & LF

RF bring RF to right side (9:00), hip-width, turning jazz chainé w/ free LF 11/2 fan to face 12:00

RF hold position still with RF weighted and LF pointed forward 8

LF ă 1 on the quarter count before 1, retracts LF close to RF, prepping to sway step to 9:00

